CRAMPS, PAINS AND BACKACHE

Louis, Mo. -"I was bothered arrange and pales every shouth on

with cramps and pains every month and hadkache and had to go to bed as a could not work. By mother and my whole family always took Lydia E. Pinkham's V og e to ble Compound for each troubles and they induced me to try R and it has helped me very much. I don't have cramps any more, and I can do my housework all through the month. I recommend your Vegetable Compound he my friends for famale troubles."—lire. Denia Scholz, 1412 Salisbury Street, St. Louis, Mo.

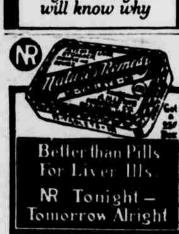
Just think for a moment. Lydia E. Pinkham's Vegetable Compound has been in use for nearly fifty years. It is prepared from medicinal plants, by the utmost pharmaceutical skill, and superior methods. The ingredients thus combined in the Compound correct the conditions which cause such annoying symptoms as had been troubling Mrs. Scholz. The Vegetable Compound exercises a restorative influence of the most believed in a gentle but efficient manner. This is noted, by the disappearance, one after another, of the disagreeable asymptoms.

TO KILL RATS



rese these peets to rue from the building r and fresh til. Beandy for Use — Setter Then Trape Directions in 16 insquares in every but. Se and St.S. "Money back if it fails." U. S. Gereramont buys it.

Liggettallyers KING PIN PLUG TOBACCO Known as that good kind' Try it - and you



TOO LATE

Don't wait until pains and aches become incurable diseases. Avoid sinful consequences by taking



Uses Radio Telephone. The fire department chief in a New Jersey city has equipped his automebile with a radio telephone to enable him to keep in touch with headquarters at all times.

Important to all Women Readers of this Paper

Women's complaints often prove to be nothing else but hidney trouble, or the result of hidney or bledder dissent. If the hidneys are not in a healthy con-

you may ouffer pain in the back, head-able and loss of ambition.

Paor health makes you nervous, irrita-tie and may be despondent; it makes any

enditions.

Many send for a sample bottle to see what wamp-Root, the great hidney, liver and hidder medicine, will do for them. By selecting ten cents to Dr. Kilmes & Co., inghamton, N. Y., you may receive same auso bottle by Parcel Post. You can strekase medium and large size bottles of I drug storm.—Advertisement. Tied Up.

Knicker-"Smith mays all he is he wen to his wife." Bucker-"Another those from credits."



MISSOURI State News

Game Warden to Revise Liet.
Jefferson City, Mo,-Discovery that one of the men to whom he had insued so-called "honorary" deputy game and fish commissioner was a fit. Louis ganguter ex-convict and nuarderer and a bank robber suspect, John J. Doyle, alias Thomas McKeon, killed in a revolver fight with St. Louis policemen. has persuaded Game and Fish Comoner Middleton that the list of about 300 "honorary" deputies should be revised. He notified Gov. Hyde that he would "comb the list thoroughly."

It was suggested to Middleton that since the statutes make no provision for "honorary" deputies, he might be doing something in keeping with pub-lic policy by calling in the stars and commissions of the whole list. To this he demurred, however,

The statutes authorize the commissioner to appoint as many deputies as the work of the department requires, to receive salary of \$4 a day and ex penses while at work. The custom has grown up in the part of naming one, two, or even sometimes three, regular deputies to each of the 16 con gressional districts to enforce the game and fish laws on a pay basis, and in addition to issue "honorary" commissions to many others.

Basket-Ball Player Killed by Train. Higginsville, Mo.-Allison Hess, 19 ears old, of Concordia, Mo. was killed ere when run over by a Chicago & Alton train. He was a member of the meordia High School basketball team and was on his way in an auto to Grata Vailey to play. Albert Octting, another pinyer, was hurt. The auto was thrown 70 feet and landed on a taxi.

Sues for \$25,000 Damages. Sedslin. Mo.-Clyde Secherst of Kansas City has filed suit in the Circuit Court of Jackson county against John McLaughlin of the McLaughlin Furniture Company of Sedalia, for \$25, 000 damages, alleging that Secherst was injured on January 3, when he was struck by a car driven by Mc

Sues for \$15,000 for Death.

Laughlin's son.

Sedalla, Mo George Williams and wife have brought a suit against U. he married her in the hope of obtain-F. Short and Leo Garrity, the latter elevator boy at Short's five-story building here, for \$15,000 damages for the killing of Martin Williams, the 11year-old son : the Williams, by the alleged carelessness of Garrity June 3.

Three Held for Murder of Babe. Poplar Bluff, Mo - Mr. and Mrs. James Gray and James Walker living on a farm four miles northeast of Broseley, in Butler County, are held without bond in the county jail here. charged with the murder of the newbeen son of Buhler Gray, daughter of

Lagion Delegater to Meet.

Mexico, Mo A meeting of representatives of 35 posts of the American Legion to the Ninth Congressional District will be held in Mexico early to February to make plans for closer co- had much railroad experience. operation. The meeting was called by Charles H. Pulls, state cocamirteeman.

Columbia's Wealth is \$10,948,477.

Columbia, Mo. City Assessor J. H. Barnett has just made his report of the assessment of 1921, which shows the wealth of Columbia to be \$10,948,477. including personal property, real estate, banks and merchants' stocks. The assessment in 1920 was \$10.901 mg

To Boost Grape Industry.

Monett, Mo. A temporary organi ration has been effected here for the purpose of encouraging the development of the grape industry around Monett. It is expected that a carload of grape cuttings will be received here soon and planted.

Oil Drilling Resumed. Rich Hill, Mo. - Drilling has been resumed on the prospect hole of the Rich Hill Oil Company, after a three weeks shutdown, during which time the drill ers were engaged in trying to recover the 700-pound bit, finally succeeding.

Mo. U. Gets New Scholarship. Columbia, Mo.-William Volker, a philanthropist of Kansus City, has donated a graduate scholarship in the Department of Sociology at the University of Missouri with an annual

Form Bureau Favors Good Roads Bedalia, Mo.- The directors of the Pettis County Farm Bureau Federa-Missouri's road program and against the referendum petitions now in circu-

New Bank at Nevinger.

Nevinger, Mo.-Articles of incorp tion for the new Exchange Bank of Novinger has been filed with the State Banking Department and will be ready for business soon. The lank : capi talized at \$30,000.

Secret Wedding Announced E. Selby and Miss Gladys Brown of Trenten, which took place Auugst 5. 1921, at Leavenworth, Kan., has been of J. A. Selby, an attorney of this city

lays He Feared Illegal Acts.

Jefferson City, Mo.-The hearing of state's and-trust ouster suit against the St. Louis Lumber Trade Exchange and a number of firms composing which was continued to Junuary 31, in

The only witness heard was E. R. Durlington, of Pasadena, Cal., formerly president of the E. R. Durlington Lumber Co. and the E. R. Durlington umber and Coal Co. of St. Louis, He ormerly was a member of the Lumber Trade Exchange and his testimony was in rebuttal of testimony given by witnesses for the exchange that the purpose of the exchange was to stop curtain questionable practices of dealers, such as giving short measure and substitution of inferior grades of lumber.

Durlington, denying that the exchange was organized for the purpose stated by witnesses for the exchange, said be understed the purpose was "to get better prices."

He explained that he believed the ow prices were caused by "so-called cut-throat competition."

"Then this exchange was organized to eliminate competition?" he was "That is the way it was put up to me," he answered.

He said he withdrew from the Lum

ber Trade Exchange because he be-

leved its practices were illegal.

Boys and Girls to Make Drive. Maryville, Mo .- The Older Boys' and Girls' Council of Nodaway Churches will begin a campaign February 1 in this county to boost the life service movement. The county has 57 Sunday schools and it is planned to visit all of them, the work to be carried out under the direction of G. B. Rosen berry, superintendent of the Nodaway 'ounty Sunday School Association.

Glee Club to Make Tour. Columbia. Mo.-Announcement has been made here that the annual tour of University of Missouri Club will be made for two weeks, beginning March The club has a membership of 60 and this number will be reduced to 45 when the trip is started. The home concert will be given here on March 8 and on the next day the club will start on its tour.

Says He Wed to Get Freedom, Jefferson City, Mo.- The success of Frank Jandro, a convict, serving a two years' term in the penitentiary, in marrying a good-looking young widow of this city and playing the part of a government detective while wooing, is attracting much attention. Jandro said love had nothing to do with it and

Sarcoxie C. of C. Elects.

Servoxie, Mo,-The Sarcoxie Chamber of Commerce has elected the following officers for the ensuing year: President, C. F. Le Furjah; vice-president. E. R. Sabert : financial secretary. W. C. Stanley; corresponding secretary, W. C. Standley; treasurer, Frank S. Parks. Directors-Groupe S. Brosins, Harry Rosebough and Lee Hale,

Named Joint Freight Agent.

Nevada, Mo - J. M. Thompson, of Dallas, Tex., has been appointed joint freight agent of the Missouri, Kansas and Texas and the Missouri Pacific railroads in this city, succeeding R. Casey. Thompson formerly was in the office of the general manager of the M. K. & T. Itailroad at Dallas and has

Good Roads Delegates Named

Carthage, Mo.-Mayor J. D. Carter has appointed City Engineer F. B. Newton, Allen McReynolds, Joseph McMillan, J. S. Carter, A. R. Carbean and Walter Bailey delegates to represent this city at the joint good roads meeting in Chicago, Jan. 16 to 20.

Missouri Club Formed Columbia, Mo.-The Missouri Club at Christian College, in this city, has been formed. The first activity of the club will be a state dinner that is to be given soon. The Missouri Club is largest state organization at the

Winn to Head Bank of Novinger. Kirksville, Mo. N. E. Winn, for 20 years with the Kirksville Savings Bank here, resigned to become head of the Exchange Bank of Novinger, a new institution that takes over the deposits of the Union State Bank of Novinger.

Marriage Licenses Show Decrease Butler, Mo - During 1921 there were 176 marriage licenses issued in Rates county, against 213 for 1920. There were forty-two divorces.

Mrs. Josephine Growther Dies. Sedalia, Mo -- Mrs. Josephine Crowther, 54 years old, died in Sedalia, fol-

lowing a paralytic stroke.

Adair Valuation \$24,447,570. Kirksville, Mo.-The total asservaluation of Adair county this year is \$24,447,570.

Named College Secretary. Kirksville, Mo.—J. T. Burns of Denver, Colo., has been elected secretary of the new College of Osseopathy in this city, which is to be known as the

and Surgery." Sedalia. Mc.-Thomas .very. aged 78 years, a retired cashier of the Lamonte Bank, and his wife, Nancy Torers of each other at their home in

"Andrew Still Chiege of Outcopathy

The Kitchen Cabinet 7

pyright 1932. Western Newspaper Union

A slender acquaintance with the world must convince every man that actions, not words, are the true criterion of the attachment of friends. That the most liberal professions of good will are very for from being the surest marks of it.—George Washington.

GOOD FOOD FOR THE FAMILY

Those who like a hot dist will enjoy the following. If well made and conked a long time, the flavor is excellent:

Chill Con Carne. Take one-half pound of fresh lean and fat pork. one and one-half pounds of round steak; put through the ment grind-

sized enions sticed; add the meat, one dried chili pepper, two quarts of tomato, sait, pepper, two to three tablespoonfuls of chili powter, and cook for two or three hours slowly, then add two cans of kidney beans, and let the whole stand to cook another half hour. Serve hot.

Sour Cream Pie.-Take one cupful each of sugar and chopped raisins, me-half conful of sour cream one egg well beaten, one-fourth of a teaspoonul each of cianamon, and cloves, one tablespoonful of flour. Cook all tegether. Cool and bake with two

crusts. Almond Horseradish Sauce.-Blanch and chop fine 24 Jordan simonds. fress the vinegar from four tablespoonfuls of horsersdish, season with salt and cayenne and add to it the almonds and two tablespoonfuls of thick sweet cream. Mix well and

serve with fish. Luncheon Macaroni.-Cook three fourths of a cupful of macaroni broken into inch lengths in boiling salted water until tender; drain, rinse in cold water and drain again. Melt three tablespoonfuls of butter; cook in this a slice each of onion and carrot until somewhat softened, then remove the regetables, add two tablespoonfuls of four, one-fourth of a tenspoonful of sait and a dash of pepper; cook until frothy, then add one-half cupful each of beef broth and tomato puree, a full rupful of either or half-cupful of each; stir and cook until boiling, add the macaroni and one-half cupful of grated cheese, then with two forks mix the macaroni and cheese with the sauce. lover and let stand over hot water for s few minutes. Serve very hot. If one desires, a cupful of chopped ham may be used with or in place of the

If every tree in all the wood could

take some mortal form

And leave the ground where it has
stood, through sunshine and
through storm.

The lofty pine would be a knight in

armor strong and rare.
The siender been, with dress so white, would be his lady fair."

and make a most acceptable saiad if one is fond of the



-Take one cupful of thick cream, three tablespoon-

one-half teaspoonful of saprika and a teaspoonful of powdered sugar. Whip the cream, add the lemon julce gradually. Place the bananas on lettuce and serve with the dressing

soured over them. Blackstone Dressing .- Take four ablespoonfuls each of mayonnaise and whipped cream, two tablespoonfuls each of chill sauce, tomate catsup and vinegar. Roquefort cheese may be

Ginger Ale Salad. Soften one-fourth of a puckage of gelatin in one-fourth of a cupful of cold water and let it dissolve in a dish of her water; add grating of lemon rind and one and three-fourths cupfuls of ginger ale. Turn into small molds to chill and set. Serve very cold on heart leaves of lettues with either French or mayonnaise cressing, to a cup of which is adde; three tablespoonfuls or more of

Cheese Jelly Salad,-Mix one-half cupful of grated cheese with a cupful of whipped cream, season to taste with salt and pepper and add one table spoonful of gelatin dissolved to a scant cupful of water. Mold in large or small molds. When the jelly begins to harden, cover with grated herse. Serve with French dressing to which grated cheese has been added Tomatoes stuffed with cream cheese elly and served on lettuce with French fressing are savory and quickly pre-

Tomato Salad.—Cut fresh tomatoes. peeled, into eighths, without separatng the sections. Sprinkle with pearl mions and French dressing and chopped green pepper. Holes in face curtains may be

sended very easily by dampening a sece of tace to match the curtain and roning it over the worn place. Trim he edges and it will last until the surtains go into water again.

LAND OF WEALTH

Potentialities of Western Canada Abundantly Proved.

Prices Taken et International Live Stock Exposition Show What Land is Capable of Producing.

Forty years ago the first sale wa-ade of lands acquired by the Canadian Pacific rallway. This is but a short span in the lives of many, and there are those who look back upon that period as it being but of yester-day. Yet when one glances back it is that period. One of the most striking of these is the progress that has bemade in Western Canada since that day, forty years ago, when an official of the railway placed his signature to the document that gave possess the new owner of a section of land This was the first sign of the wealth that in time would be added to the wealth of the world in forty years. this single section of land being the hase upon which the future would be built. The potential wealth was but in embryo; teday it is a big. living reality. Among the many things that reveal this, may be seen the winnings made by Western Canada exhibitors at the International Live Stock show held in Chicago in 1921. These were so marked in their number as to give to the world—the American world—s splendid idea of the excellence of the products of the farms of the new but rapidly developing country lying to the porth of the international boundary

The results of the exhibition show eccording to the Manitoba Free Press. that in live stock and grain exhibits the three prairie provinces of Canada made something like 150 winnings Every animal sent from the province of Alberta won a prize. Exhibits included Shorthorn and Hereford cuttle, (S. C.) State. and Percheron and Clydesdale horse An Alberta-bred belfer got fourth place in a class of eighteen outstanding in dividuals. In grain, Alberta made simply an astounding record, securing the sweepstakes for outs, and eight or nine prizes before even the American ex hibitors secured a placing, and while the grand championship for wheat went to Montana, the prairie provinces took 23 out of 25 possible placings. The first prize for alfalfa seed was awarded for seed grown at Brooks Alberta, in competition with 43 entries Alfalfa-growing in Western Canada has been increasing by leaps and bounds, and this victory will give fr and the dairy industry, which is always linked with it, a further impetus In live stock classes alone Saskatch

ewan had sixty entries and took sixtyfour ribbons. The winning of the grand championship for Clydesdale stallions by a Saskatchewan horse, for the second time in succession, was almost exceptional. He was bred on a Western Canada farm, fitted and prepared for exhibition there, and able to win over horses shown from the stude of men who have unlimited money to spend on the breeding and preparation of their exhibits. This is proof positive that the farmers of Western Canada SALADS AND SALAD DRESSINGS are not only in a position to breed their own horse power, and that of a Bananas are always in the murket very high quality but to breat horses that will be saleshie in any market

of the world. Manitolia takes just pride in the fact that a Percheron stallion, first in his class and Canadian bred champion was bred by Vance, of Crandall, Manitobs. Manitobs took 64 places outside of the grain exhibits.

When all is said and done the rea triumphs are the wins of both itse stock and grains actually produced in the

great Canadian provinces. Commenting upon the enterprise of agriculturists of Western Capada to sending exhibits to the International Live Stock exposition at Chicago the New York Herald in a recent issue said: "Western Canada is coccuraging diversified farming in a way certain to bring an increused flow of dollars into the pockets of agriculturists, who at one time devoted their energies ex clusively to the raising of grain crops."

Necessity is the mother of several other children besides invention.

Just so it is pie the small boy does got cure what kind it is.

20 now like



WARNING! Say "Bayer" when you buy Aspirin.

Unless you see the name "Bayer" on tablets, you are not getting genuine Aspirin prescribed by physicians over 22 years and proved safe by millions for

Colds Toothache Earache

Headache Neuralgia Lumbago

Rheumatism Neuritis Pain, Pain

Accept only "Bayer" package which contains proper directions. Handy "Bayer" beam of 12 tablets-Also bottles of 24 and 100-Dr.



Church le Chaeper Still

"It's really a waste of money for ushand to go to the theater."

afraid they may leave your name out "He sleeps nearly all the time. A 25 Mrs. Rocke-My dear, they can't. They have to put me in anyway, or cent seat at the movies would do just everybody in this town would think as well, and besides the movies are their book a perfect fake.—Columbus nice and dark."—Boston Transcript.

Cuticura Soothes Itching Scalp. On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampon with Cuticura Scap and hot water. Make them your everyday tollet preparations and have a clear skin and soft, white hands.-Advertisement.

Perfectly Safe.

ribe to the Social Record aren't you

-But if you don't sub-

preceded by a deep slumber and followed by a rule awakening.

Why should a tax collector have a

high ordnion of human nature!

Sure Relief

New Yeast Vitamon Tablets Round Out Face and Figure



No C). It hanishes plungles, be-the pervent builds up the body with fir-te pervent builds up the body with fir-te whole system. Quick, I hanged, draft take Mastin's VITAMON—two tablets measure yourself each week and conjinus it natil rou are setted with your gain in we IMPORTABIT! While the remarkable VITA-MON has been clearly and positive energy, nervous trouties, assenie, indigestic complexation and a generally weakened physical to used by anyone who OBJECTN to her Do not accept imitations or substitutes, tablets at all good druggiets.



Are Peckinsky Generates to Put On First Final

